



Building Relationships, Confidentiality, and Informed Consent



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Building Relationships & Using Activities

How I build connections

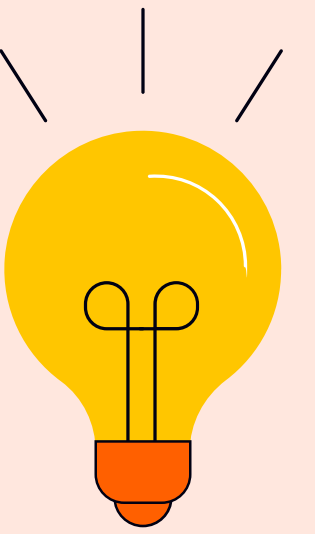


build connections by
being consistent,
respectful, and
emotionally present.
At placement,

I greet students
warmly, listen
carefully, and use a
calm tone

Trust develops when
young people feel safe,
seen, and respected

Activities used to build relationships



- Short conversations during transitions
- Group games and cooperative play
- Drawing, colouring, and helping with classroom routines

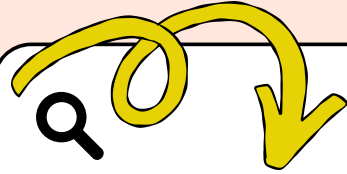



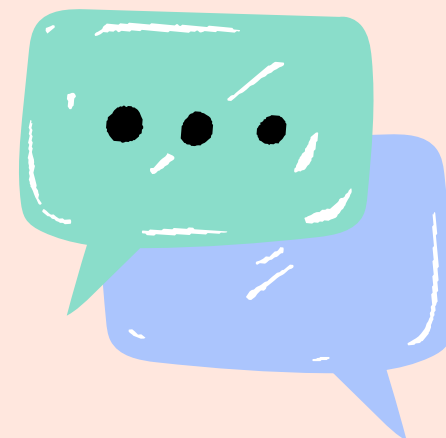
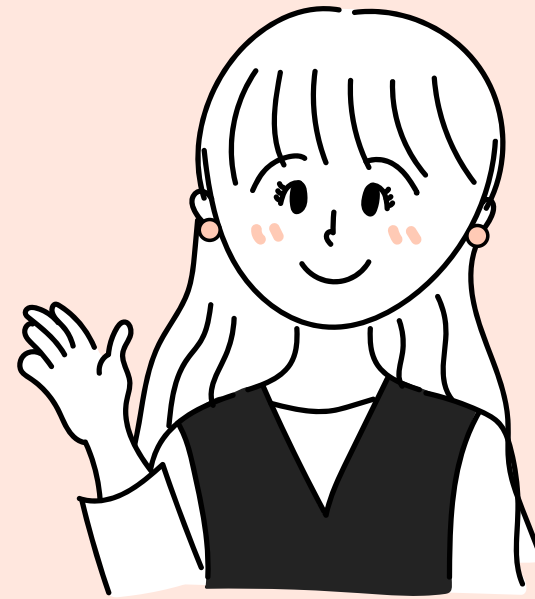
Purpose of these activities

- Reduce anxiety and increase comfort
- Support emotional regulation
- Create natural opportunities for connection and communication

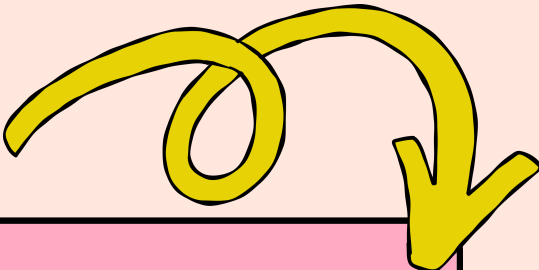



How I build rapport and trust

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- I clearly introduce myself and explain my role in simple language
 - I listen without judgment and validate feelings
 - I follow through on what I say to build reliability



Building skills for youth and families

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- Modeling calm behaviour
 - Encouraging emotional expression
 - Practicing coping strategies and problem-solving

Informed Consent & Confidentiality

Working with parents respectfully



acknowledge



Explain clearly



Professional Boundaries